



2021 – 2022
All Star Cheer Tryout Packet

Tryouts Saturday, May 1st

4 to 10 years old 10 to 11 am
11 years old and up 11:15 to 12:15 pm

Welcome to Patriot Cheer All Stars

Thank you for choosing Patriot Cheer All Stars as your all-star cheerleading program. We are embarking on our 3rd competitive season and are excited to take this journey with you.

We believe in teaching athletes to become their best selves, be self-confident, and do their best. Our gym strives to create athletes that not only succeed on the competition floor but also teach teamwork and other life skills to form humble, responsible athletes. We strive for a fun and positive learning environment and want to build a strong foundation in every athlete. We will do this by teaching each athlete self-confidence, leadership, positive attitude, character, commitment, hard-work, integrity and love for the sport of cheerleading.

Thank you for letting us be a part of your athlete's journey!

In this packet you should find all the information needed for the 2021 - 2022 competition year, including general information, attendance policy, practice rules and fee overview. We take pride in our organization and we invite you to become a part of our Patriot Cheer All Stars family. We look forward to a fun and rewarding year.

Please read through each section of this packet very carefully, sign and return the signed copy to the office. If you have any questions, please feel free to contact us.

Summary Information

- Athletes and Parents are required to follow code of conduct at all times.
- Practices are MANDATORY 2 weeks prior and 1 week after a competition. NO EXCEPTIONS!
- Practices throughout the season require ALL athletes to participate. We cannot have a successful season if we don't have committed athletes.
- The show must go on - if you miss practices, you will lose your spot.
- Athletes earn spots in a routine; spots are not guaranteed.

Tryout Information

Thank you for your interest in trying out for a Patriot Cheer All Stars team! Your participation in tryouts indicates you are prepared to accept the commitment to Patriot Cheer All Stars and that you trust the organization and staff to do what is in the best interest of the team and the program.

Unlike school tryouts, our tryout atmosphere will be relaxed and comfortable. All athletes that participate in tryouts make a team.

Tryout Date: Saturday, May 1st

Tryout Times: 4 to 10 years old 10 to 11 am

11 years old and up 11:15 to 12:15 pm

If you are unable to make this tryout date and time, please contact us for a private or video tryout (hello@patriotcheerallstars.com).

Tryout Attire

It is recommended that you wear shorts and a t-shirt/tank top, black if possible. Please wear something over your sports bra.

Wear cheer shoes if you have them, otherwise wear athletic shoes.

Wear your hair out of your face (high ponytail recommended).

Team Placement

You will be notified via email by end of day Sunday on team placements. Teams are divided by age divisions and skill levels.

Cheerleader Code of Conduct

As an all-star cheerleader at Patriot Cheer All Stars, you will be expected to follow our code of conduct at all times. This is to ensure that we have positive, productive and committed athletes. Remember that you are representing yourself, your family and our gym.

Behavior:

- 1) It is expected that you will be at all team practices with a positive, uplifting and hardworking attitude.
- 2) Cheerleaders must listen to the coaches and not talk over them. Cheerleading can be a dangerous sport, following instructions and listening skills are vitally important.
- 3) No swearing or bad language at any time.
- 4) Cheerleaders must be polite and show respect to each other, to coaches, and members of the public.
- 5) A positive attitude must be maintained at all times.
- 6) Any problems or concerns that a Cheerleader has must be reported immediately to a coach, and not gossiped about, texted or shared on social media.
- 7) Any form of verbal or physical bullying or intimidation towards other Cheerleaders or anyone else will not be tolerated and must be reported to a coach.
- 8) Decisions about tryouts, placement in routines, etc are made by the coach and must be respected by Cheerleaders and parents alike.
- 9) At competition, cheerleaders will cheer on all teams, not just their own.
- 10) Cheerleaders should always remember that cheerleading is fun!

Parent Code of Conduct

As a parent of an all-star cheerleader at Patriot Cheer All Stars, you will be expected to follow our code of conduct at all times. This is to ensure your child (and all other participants) have a positive and enjoyable experience. Remember that you are the example for your child in behavior and that you are representing yourself, your family and our gym.

Behavior:

- 1) Parents are allowed in the viewing area only and should never be on the floor without an invitation.
- 2) The viewing room is not a place for gossip, doubting the coaches' abilities, or coaching your athlete. These examples create a negative atmosphere and is not acceptable. If you have a concern about YOUR child, please notify one of the coaches.
- 3) No swearing or bad language at any time.
- 4) Parents must be polite and show respect to each other, to coaches, and members of the public.
- 5) A positive attitude must be maintained at all times.
- 6) Any problems or concerns must be reported immediately to a coach, and not gossiped about, texted or shared on social media.
- 7) Decisions about tryouts, placement in routines, etc are made by the coach and must be respected by Cheerleaders and parents alike.
- 8) At competition, parents will cheer on all teams, not just their own.
- 9) Always remember that cheerleading is fun – please be positive and encourage your child to have fun!

Breaking the code of conduct by a parent or cheerleader *could result in dismissal from the team*. A \$200 fee will be immediately and automatically charged to your payment information on file if your child is dismissed from a team.

Summer Attendance Policy

(May through mid-August)

The summer months of May through mid-August will be used as a time for all-stars to improve their skills and learn choreography. We know families use the summer as a time for relaxing and enjoying other activities such as vacations and camps, but practice is still mandatory if you are in town. If you know you will be missing practice due to a vacation or other summer activity, please notify us by emailing hello@patriotcheerallstars.com or contacting Cheryl.

There will be a mandatory choreography camp during the summer (July 13th – 17th), everyone will be required to be in attendance. If you already have a vacation/event planned let us know as soon as possible so we can arrange for your child to learn the choreography and have a fill in for them. Otherwise choreography camp is mandatory.

Competition Season Attendance Policy

(mid-August through April)

All practices are mandatory (absolutely no missing practices the months of Dec - March). An athlete may be removed from routine sections or the whole routine if they have excessive absences from practice, cleared or not. The show must go on. Cheer routines require ALL athletes to be at practices to practice (stunt groups cannot stunt without all members there). We cannot have a successful season if we don't have committed athletes. Once teams are formed, you will receive the practice schedule. Practices may be changed and/or added throughout the season at any time. If practice is altered, you will be notified of any changes. Please understand we are building championship teams. If any team member disrespects their teammates, coaches, or facility by continuous absences, tardiness, lack of desire, or commitment, that could result in a ***change in position on the routine or dismissal from the team***. A \$200 fee will be immediately and automatically charged to your payment information on file if your child is dismissed from a team.

- 1) All practices, events and competitions are mandatory.
- 2) Competitions are held from November through April.
 - a. If a summit bid is received and parents choose to participate we will have a competition in May (in Florida).
- 3) The following are examples of excused absences:
 - a. Family emergency or death in the family
 - b. Significant family events (i.e. wedding)
 - i. A birthday party is not a significant event
 - c. Illness is only excused with a text or note from a parent
 - i. Illness means you are actively throwing up or have a fever of over 100 degrees

- d. School event/function that affects your grade, must have a text or note from a parent.
- 4) The following are examples of unexcused absences:
 - a. Minor family events (i.e. birthday party or get-together)
 - b. Hanging out with friends
 - c. Birthday parties
 - d. Conflicts with other activities (i.e. soccer, band, dance, piano, etc)
 - e. Illness that doesn't meet the criteria for an excused absence
- 5) Excessive unexcused (3) or excused absences will result in the athlete being pulled from any upcoming performance or competition at the discretion of the coaching staff. If the problem persists, that could result in a ***change in position on the routine or dismissal from the team.***

Practice Appearance & Guidelines:

- 1) No food, drink, or gum is allowed in the gym area during practice.
- 2) No cell phones will be allowed in the gym area.
- 3) Fingernails should be kept short for safety reasons.
- 4) Team members are expected to arrive on time for practice and in the proper attire with hair pulled up in a high ponytail with a bow.
- 5) For the safety of the athlete and the other squad members, all jewelry must be taken off prior to the beginning of practice. This includes all body jewelry.
- 6) All athletes are guaranteed the opportunity to earn placement in routine sections. Not all athletes are in every part of the routine. Coaches select athletes for sections as needed.

Performance Appearance & Rules:

- 1) No fingernail polish is allowed at competitions.
- 2) No gum, food, or drinks in the warm-up area or on the competition floor.
- 3) Hair must be worn exactly as instructed.
- 4) Make-up should be worn and applied as instructed.
- 5) All cheerleaders must participate in awards. If you need to leave the competition before awards please make arrangements before the competition with your coach.
- 6) All athletes and parents should be respectful to the competition staff and other athletes, coaches, and parents from other gyms.
- 7) Athletes must arrive on-time ready for the competition.
- 8) If possible, please watch and cheer for all Patriot Cheer All Stars team. A bigger cheering section helps the teams perform better!

All of the athletes and parents are a direct reflection of Patriot Cheer All Stars and should conduct themselves appropriately at all times. Disrespectful or abusive behavior, dishonesty, or any form of negative behavior are grounds for immediate removal from the Patriot Cheer All Stars program.

Injury:

Parents should note that cheerleading is a highly competitive and dangerous sport. Safety is

our top priority, but as with any sport, stunts and tumbling could lead to injury. The coaches

and staff at Patriot Cheer All Stars take every precaution to limit these injuries from happening. Unfortunately, we cannot prevent them all. We ask that only coaches, staff and athletes that are practicing be on the floor. Athletes should never practice any stunt without the supervision of a coach. Anyone observed with unsafe behavior or stunting without a coach will be assigned extra conditioning. This is to protect the athletes, coaches, and the gym. In the event of an injury we will make every effort to ensure your athlete's well-being. If your athlete sustains an injury or illness either in the gym or outside the gym we do require a doctor's note if they are required to sit out of practice (see additional information in our liability waiver).

Conditioning:

All-Star cheerleading is a strenuous sport. All athletes in our program are expected to be in top physical shape. This includes flexibility, strength and endurance.

Extra conditioning is sometimes given as a consequence to any team making poor decisions,

lack of focus, unexcused absences, etc. Please understand, this is not given to cause any harm.

Conditioning makes every athlete stronger and is a necessary part of practice. Proper conditioning is necessary to maintain their skill level and needs to be maintained for the success of the team.

Communication and Parent Involvement

We are grateful for you dedicated and supportive parents. We want every parent to feel comfortable and informed about his/her child, therefore; we make every effort to keep the lines of communication open. It is the parents' responsibility to know what is going on with the program at all times. Instagram and BAND are our primary sources of communication so please make sure to check it daily. Please make sure you turn notifications on for the BAND app and check is regularly.

As a parent you will not agree with every decision we make. The staff and owners make decisions for the interest of the entire team and program. All rules and regulations will be enforced. You must be willing to trust in the program and staff. We hope our philosophies and your experience with us will give you confidence while being a part of the Patriot Cheer All Stars family.

Important Dates

May 3rd: Parent meetings & registration

May 3rd - 7th: First week of practice

June TBD: Uniform Fitting
June 28th – July 9th: Gym closed for Summer break
July 12th – 16th: Stunt camp
August 2nd - 6th: Choreography camp
August 23rd: Competition season attendance policy in effect
November: Showcase
December: Competitions begin

Tuition & Other Fees

Monthly Tuition (includes a tumbling class):

Tuition ranges from \$90 to \$140 per month.

Annual Registration	\$35
Competitions	TBD
Stunt camp, Choreography, Intensive & Music	\$500
Uniform & Bow	\$400
Practice Wear	\$100
USASF	\$30
Team Activities	\$25

Competition Fees: 2020 fees were, \$80 per competition for 1 day, \$120 per competition for 2 day and \$50 admin. Crossovers pay for both teams for each competition they attend.

Termination

30 days written notice is required to drop from the program. Any tuition, fees and any other expenses paid to that point will not be refundable.

Before dropping please evaluate the commitment that your athlete has made to their teammates and to the gym. It is very difficult for everyone to learn a new routine and be ready for competition season when someone drops mid-year.

I agree to the all terms and conditions in the packet above. I understand that I represent myself, Patriot Cheer All Stars and my family and will be positive and show good sportsmanship at all times.

SIGNATURE OF PARENT/GUARDIAN
DATE

RELATIONSHIP TO PARTICIPANT

SIGNATURE OF PARENT/GUARDIAN
DATE

RELATIONSHIP TO PARTICIPANT

SIGNATURE OF ATHLETE

DATE